



# DEVELOPING LEADERSHIP FROM WITHIN

Transforming from Corporate High  
Flyers to Inspiring Leaders &  
Warriors

**This highly beneficial, inspiring, rewarding & mind set changing course is also available IN-HOUSE Claimable under HRDF. Call or email us today!**

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## LEARNING OBJECTIVES & OUTCOMES

### Enable Participants To:

- ↪ Transform your existing talents & winning attitude into fearless warriors & visionary leaders in the corporate business world
- ↪ Discover yourself through Color Brain, Emotional Drivers & Levels of Leadership Styles
- ↪ Break limiting beliefs to master your mental blueprint & enter your inner world
- ↪ Tap into your own strengths, learn new skills & gain new self-awareness in order to influence people
- ↪ Gain influence, inspire commitment & lead transformational change
- ↪ Adopt a practical approach to champion a culture of excellence & create long term impact
- ↪ Learn powerful ways to build trusting relationships & to coach people for success
- ↪ Master the technique to refocus your people's energy to transform their lives!
- ↪ Discover & evaluate ways to challenge the process & look for innovative ways to improve the organization

This 2-day workshop is different. The whole format is structured to transform & propel corporate high flyers to dig deep into themselves & be bigger than their physical bodies.

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**PEAK SUCCESS ABUNDANCE SDN BHD (1104937-T)**

Unit 6, Tkt 3, Blk B, Pst Perdagangan Tmn Dagang, Jln Dagang Utama, 68000 Ampang, Sel

Tel: 03-42703064 H/P: 012-6170560/017-8739633/016-5488336

Email: [info@peaksuccessabundance.com](mailto:info@peaksuccessabundance.com)/[success.abundance@hotmail.com](mailto:success.abundance@hotmail.com)

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It is aimed at building a powerful presence, a great personality & character plus an indomitable spirit - one that will persist & resist to tackle challenges head on. It is designed to build mental toughness like never before.

There is a special empowering session called **“TRANSFORMATIONAL LEADERSHIP”** where the end result is a “new” person who is mentally tough operating at levels higher than anyone else. Most importantly a person who is able to go deep inside himself/herself to bring out the power that is hidden inside them when the situation demands it.

## **COURSE OUTLINE FOR 2 DAYS**

### **1. STRATEGIC FOCUS - INSPIRING A SHARED VISION**

#### ***“Championing A Culture Of Excellence & Creating High Impact”***

- Breathe life into the vision & get people to see exciting possibilities
- Communicate the shared vision & enlist others
- Set interim goals so people can achieve small wins
- Prioritize - the key to leadership
- Align your goals & mission to match that of the organization’s
- Create a long term plan & support system
- **Exercise: The Time Matrix**
- **Activity: Affirmation, Visualization**
- **Game: Goal Setting & Planning**

### **2. WHAT COLOR IS YOUR BRAIN & HOW IS IT AFFECTING YOUR ROLE AS A LEADER? “Develop Software To Achieve Greater Competence”**

- Your genetic processing & mental flexibility
- How is it affecting your role as a leader?
- Maximize your capacity to act intelligently
- Turbo charge your natural gifts & use them to maximize your leadership ability
- **CBC Inventory - Scoring & Interpretation of Results**
- **Activity: Using CB Cards - Building A House On The Moon**

### **3. MASTERING THE 8 EMOTIONAL DRIVERS**

#### ***“Using Emotional Drivers To Motivate High Performance”***

- The 8 Emotional Drivers
- Emotional drive rankings - defining primary life motivators
- Human drivers matrix & chart of drivers
- Identify key life values & use them as motivators
- ‘Need Sucking’ The #1 Reason for low motivation
- **Video Clips On Emotional Drivers**
- **Game: The Human Drivers Challenge**
- **Exercise: Motivate Me**
- **Creating A Pie Chart - How Much Is Sucked Out Of A Group**

### **4. LEADERSHIP SELF DISCOVERY**

#### ***“Creating Standards Of Excellence & Opportunities For Victory”***

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- Insights into 5 levels of leadership
- Appraising your current managerial style
- Setting example for others to follow
- Putting up signposts & guidance - how & where to go
- Adopting the right leadership style in any given situation
- **Group Discussion & Presentation**
- **Practice Session: The Scaling Technique**

## **5. ATTITUDE: THE EXTRA PLUS IN LEADERSHIP**

### ***“Understanding Yours & Their Mental Blueprint & Inner World”***

- Beliefs - the controlling forces that direct yours & their lives
- Get rid of self limiting beliefs & install an empowering system
- How leader’s style influences followers’ attitude & work
- How to be positive during adverse times
- **Activity: Breaking Limiting Beliefs**

## **6. HOW TO REMOVE NOT EMPOWERING THOUGHTS & EMOTIONAL SCARS**

### ***“It’s Not What Happen To Me That Matters But What Happens In Me”***

- Get rid of a lifetime of negative programming
- Then & only then are you able to sell yourself to others as a leader
- **2 Powerful Techniques All Leaders Have To Master (SWISH Technique & EFT Technique)**

## **7. STAFF DEVELOPMENT: EQUIPPING PEOPLE**

### ***“Guiding The Development Of Your Most Appreciable Asset – People”***

- Enabling others to act
- Growing people for success
- Foster collaboration & build spirited teams
- Improving team effectiveness & relationships. Using the strengths of a team
- **Group Project : Team Building - “The Tower”**
- **Learning Activity: Evaluating A Code Of Honor Inspiring & Motivating**
- **Learning Activity: Create ‘No Lizard & No Blaming’ Zone**

## **8. RELATIONSHIP BUILDING & COACHING TO CREATE POSITIVE CHANGE**

### ***“Create An Atmosphere Of Trust & Mutual Respect”***

- Develop shared interests
- Encourage growth in others
- Recognize contributions & celebrate accomplishments
- Show appreciation & share rewards
- Help make decisions on areas they’ve been avoiding
- Share an observation & suggest some ideas to consider
- Encourage to experiment with their ideas, evaluate progress & re-assess actions
- **Role Play: Coach - Coachee Scenario (Leader as Coach)**
- **Group Exercise: Validate, Acknowledge & Celebrate Strengths/ Achievements To Boost Self Esteem**

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## 9. INFLUENCE: IMPACTING OTHERS

### *“Using Influence To Win Over Your Staff”*

- Creating win-win alliance with the people around you
- The Art of Persuasion & influencing strategies
- Creating an impact & driving performance
- **NLP Tools: Build Instant Rapport**
- **Role Play & Game of Persuasion & Influence**

## 10. CHALLENGE THE PROCESS

### *“Commit To Constant & Never Ending Improvements”*

- Search for opportunities to challenge the status quo
- Look for innovative ways to improve the organization
- Experiment & take risks
- Accept mistakes & failures as learning opportunities
- **Case Study & Corporate Game**

## 11. LEADERSHIP REQUIRES ENERGY - DIRECTING YOURSELF & OTHERS INTO PEAK PERFORMANCE STATES

### *“Refocus Their Energies To Transform Their Lives”*

- Calibrating your mood level
- Keep mood up regardless of the environment & circumstances especially in tough times
- Using sound & movement to activate your inner strength
- **Feel Good Technique: Change Your Physiology**
- **Awesome Technique: Anchor Favorite Emotion**

## 12. TRANSFORMATIONAL LEADERSHIP

### *“The Distance Between Who & Where You Are Now To Who & Where You Want To Be Is Only A Few Minutes”*

Discover the technique to create & implant visions. How to get followers to follow you willingly in your mission. This intense session is to bring out & trigger a part of you that is stifled & dormant inside you. This session is designed to stretch you beyond 100%. What are your limits - mentally, physically & emotionally? Learn to stretch yourself to unbelievable limits. Tap into your inner power - go to a part of you that is bigger than your body.

### **WHO SHOULD ATTEND - A MUST FOR ALL!**

All managers, heads of departments, line leaders, supervisors  
- **ALL** who wants to learn to apply & maximize Leadership Skills at the workplace

### **COMPREHENSIVE MANUAL & WORKBOOK**

A practical, easy to read yet thorough set of notes for the participants. It is wonderfully & carefully written with relevant & humorous pictures. It is **content-rich** but **summarized** for easy reading & follow through. **This Is Rachel Khor's Special Gift To The Participants As A Fantastic Takeaway After The Training.**

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## TRAINING METHODOLOGY

### Accelerated Learning Technique based on the 4Ps: Preparation, Presentation, Practice, Performance

To make the training effective & thought provoking yet lively & entertaining, the trainer utilizes a combination of various training methodologies including a combination of expert input plus practical sessions including:

- 👉 Instructions, Group Discussions, Presentations, Video Films & Clips,
- 👉 Brainstorming Sessions, Practical Hands On Sessions,
- 👉 Demonstrations, Role Play, Games & Activities,
- 👉 Creative Music, Visualization, Clearing Techniques,
- 👉 NLP Tools, Notes & Hand Outs, Group & Individual Exercises

### COURSE TRAINER - Rachel Khor



- Certified Master Performance Coach (ICF Approved)
- From DC Psychology International & American Institute of Business Psychology
  - Certification in Colored Brain Communication
  - Certification in Human Drivers & Motivation
  - Certification in Dynamic Speaking
  - Certification in Curriculum Development
- Certified Trainer in Emotional Quotient
- Trained with Master Cheng Hung Yeh in Truth of Emotions Through Movements, Energy Dance (Body, Mind & Soul), Language Communication
- Certified Trainer PSMB (Ministry of Human Resources Malaysia)
- Certification in Neuro Linguistic Programming (NLP)
- Certification in Hypnotherapy from London College of Clinical Hypnosis (LCCH)
- Attended course on Silva Life System in Mind Development & Stress Control
- Studied & Did Research on Positive Thinking, Mind Mastery, Law of Attraction, Visualization, Self Fulfilling Prophecy, Affirmation, Creativity & Innovation

Rachel Khor is currently the **Principal Trainer & Chief Learning Strategist** with Peak Success Abundance Sdn Bhd as well as an experienced entrepreneur & businesswoman.

She is a **Master Trainer** in Creativity & Thinking Outside The Box, Problem Solving Skills, Master Your Mind, Emotional Intelligence & Emotional Drivers, Success Tools & Colored Brain, Communication, Negotiation, Peak Performance, Goal Setting, Positive Work Attitude, Leadership & Sales Warriors.

She has undertaken training, consultancy & facilitation projects with various companies, both private & public sectors. She is a sought after Learning & Development Strategist, People Developer, Trainer, Coach & Mentor.

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Her training incorporate effective evaluation methods, powerful techniques of varied disciplines & practical tools for all her learning solutions. **Driven by a passion for delivering awesomeness**, she ensures she execute cutting edge learning technologies, share highly relevant knowledge, provide critical & up to date information, deliver time tested methodologies & conduct interactive sessions - all are formulated to achieve results like never before.

Her **determination & speed in producing training solutions** is one of the key reasons her clients keep coming back to her over & over again. Her research, knowledge & experience made Rachel Khor in the front line within her profession.

She loves people development - during her high impact training sessions she is committed, dynamic & outcome driven. **She utilizes Accelerated Training methodologies to inspire change & fast results.** She trains with her personal brand of positivity, charisma & focus which greatly motivates her participants to achieve greater heights of achievement.

Participants have described her sessions as inspiring, thought provoking, energetic & easy to understand.

During her sessions, her ability to be **neutral, non-judgmental, supporting the group & upholding its wisdom has allowed her to effectively extract participation in a magical way.** Based on the belief that every individual has a **core genius & the ability to soar given the right opportunity; Rachel's training methodology breaks limiting beliefs, overcomes obstacles & cultivates trust across cultures.**

Rachel receives rave reviews/excellent ratings due to her dynamism, knowledge & fantastic rapport with her participants. She achieves this by ensuring her training is **relevant & solution based - always updated with new ideas, strategies & techniques.**

### **SATISFACTION GUARANTEED!**

#### **CLIENTS FROM RACHEL'S INHOUSE & PUBLIC TRAINING INCLUDE...**

Leighton Offshore, Petronas, Sarawak Energy, Shell, Talisman, BNM, Kementerian Kewangan, Kenanga, Alliamz, Ambank, Affin Holdings, CIMB, Exim Bank, Maybank, Mavcap, RHB Bank, Public Bank, UOB, HSBC, Danajamin, Pan Malaysia Pools, MAA Assurance, Malaysian Reinsurance, Takaful Iklas, Tokio Marine, ACE, Aneka Insurance, Etiqa, MII, Agilent, Ansell, Bristol, Cahaya Mata, Cameron, Camcar Textron, Cyberview, Dell, Emhart Glass, Khazanah Nasional, Kotak, Infineon, IJM Plantations, Impressive Edge, Kanzen, KKIP, Kossan Rubber, LG Aluminium, M Mode, Merck, Mimos, MRCB, MNRB, Minetech Resources, Munchys, Myceb, OYL Industries, Pernec, Prokhas, Royal Selangor, Selangor Industrial Corporation, Samsung, Sara Lee, Scenic Moulding, Sime Tyre, SIRIM, Tencate, Takeuzi, Totokiki, Toshiba, Niro Ceramic, Valuecap, White Horse, UMW, MAS, Msian Airport, KLAS Airport Services, Lembaga Pelabuhan Klang, PTP, Westport, Johor Port, TNB, Telekom, Maxis, Sunrise, SP Setia, Selangor Dredging, Worldwide Holdings, YLI Industry, IOI, Genting, Hotel Equatorial, Eastin Hotel, Saujana Resort, Subang Medical Centre, Ampang Puteri Hospital, Institut Jantung Negara, MARA, Msian Export Academy, FMM, UEM, Naza, Open University, Swinburne University, UKM, UM, DBKL, PNB, Iskandar, MOF, MOH, MOT, Jabatan Ketua Menteri, Jabatan Perancangan Bandar, SPAD, Yayasan Sarawak, etc

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